



Our Occupational Therapists provide support to help you with meaningful tasks you may find difficult but are important to you, such as showering, eating, cooking, attending social groups or grocery shopping.

They will work with you to identify your goals, strengths and difficulties, and provide solutions that can help you remain safe and live independently in your own home.

Occupational Therapy is beneficial if you have a disability or a chronic condition, or you have experienced a serious health threat.

Our Occupational Therapists can support you with:



Assessing how you are completing tasks such as personal care, meal preparation and transfers



Assessing the community safely to go to medical appointments or visit friends



Recommending modification to your home environment to improve safety and independence; this may include rails in the shower, banister rails and step modifications



Design programs to provide you with the most targeted service to address your goals and allow you to continue to participate in day-to-day tasks.



Prescribing assistive equipment and provide training in its use; this may include shower stools, over toilet frames, dressing and cooking aids



Providing education on how to prevent falls and conserve energy when completing day to day activities

We offer a range of specialised programs such as:

- > Living well with pain
- > Complex wheelchair and seating clinic
- > These programs are designed to provide you with the most targeted service to address your goals and allow you to continue to participate in day-to-day tasks.





Who can use this service

The service is available to people of all ages.

We accept self-referral or GP/Hospital or My Aged Care referral. The service is also available through NDIS and Home Care Package Plans.

Fees

Please note there is a client co-payment for this service:

Clients with a valid healthcare card: \$10.30 per visit

Clients without a valid healthcare card: \$15.60 per visit

Cost of equipment is extra and quoted upon request. The cost for our groups varies between \$5.00 and \$7.90 per session

For more information on fees, see our Client Fees Schedule at dpvhealth.org.au

Access to Interpreter Services

We offer FREE interpreter access to all clients who need it.

If you require an interpreter, please let our staff know at the time of making an appointment.

Service locations



Broadmeadows

42-48 Coleraine Street Broadmeadows VIC 3047



Mill Park

20 Civic Drive Mill Park VIC 3082

Our Occupational Therapist service the Hume and Whittlesea local government areas.

How to make an appointment

To make an appointment call **1300 234 263**, and select **Option 4** (All Other Health Services)

 1300 234 263

 dpvhealth.org.au

 info@dpvhealth.org.au



DPV Health acknowledges the traditional Custodians, Elders and Lands of the Wurundjeri people. DPV Health is committed to the Victorian Child Safe Standards in policy and in practice, to promote and protect the best interests of all children involved in our services.