



DPV Health Social Support Program provides a range of enjoyable and meaningful social activities designed to support a person's ability to remain living independently at home and in the community.

Group activities are available to older people living at home within the Whittlesea and Hume Local Government areas. The activities can be based at a centre or involve an outing. We have centres located in Mill Park, Craigieburn and Meadow Heights with staff and trained volunteers.

### The Social Support Program includes a range of activities:

#### Centre-Based Groups:

You can participate in a wide variety of activities that are both practical and enjoyable, including:

- ▶ Gentle Exercises
- ▶ Gardening
- ▶ Art Craft & Textiles
- ▶ Table Games
- ▶ Swimming
- ▶ Picnics/Barbecues
- ▶ Quizzes/Puzzles
- ▶ IT & Technology Sessions
- ▶ Mosaics

#### Day Outings:

Enjoy planned activities, including morning tea and gatherings. We can provide transportation to and from your home.

- ▶ Social Outings/Lunches
- ▶ Scenic Tours
- ▶ Ten Pin Bowling





## Who can use this service

All clients over 65 years of age (50 years and over for Aboriginal and Torres Strait Islanders) that attend DPV Health are required to have a My Aged Care Referral. Social Support can be provided to people deemed eligible by either the Regional Assessment TĐhju%-WFX.%tw%ymj Aged Care Assessment Service (ACAS) following a client assessment.

People not eligible for CHSP subsidised services, for example a recipient of a home care package can attend if there is capacity. They will be charged full cost recovery rate for each attendance.

People in permanent residential aged care are not eligible to attend.

## Fees

Transport to and from the clients home is offered where applicable.

There will be a small daily fee for transport to and from the centre.

All outings will incur an activity/lunch/afternoon tea fee at the client's cost. Please note that clients are more than welcome to bring their own lunch.

## Access to Interpreter Services

We offer FREE interpreter access to all clients who need it.

If you require an interpreter, please let our staff know at the time of making an appointment.

## Service Locations



### Craigieburn

55 Craigieburn Road  
Craigieburn VIC 3064



### Mill Park

31A Morang Drive,  
Mill Park VIC 3082



### Meadow Heights

21-27 Hudson Circuit  
Meadow Heights VIC  
3048



### Mickleham North

Mickleham Community  
Centre, 82-90 St Georges  
Blvd Mickleham VIC 3064

## For More Information

Please call **1300 234 263**, and select **Option 0** (Aged Care Services)

You can also contact MY AGED CARE on **1800 200 422** and ask to be referred to the DPV Health social support program.



1300 234 263



dpvhealth.org.au



info@dpvhealth.org.au



DPV Health acknowledges the traditional Custodians, Elders and Lands of the Wurundjeri people. DPV Health is committed to the Victorian Child Safe Standards in policy and in practice, to promote and protect the best interests of all children involved in our services.