# Have you noticed that you or your loved ones might need some more assistance at home?

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It's important to have an open conversation with your family about the kinds of care that would help. Recognising the need for extra support can be a big step, both for people who need care and carers themselves.

DPV Health is an approved provider of Home Care Packages within Hume and Whittlesea. We offer the highest quality Home Care Package services, delivered by our experienced, caring, and professional service teams.

# What are Home Care Packages?

A Home Care Package is a Commonwealth Government subsidised program. It is one of the ways that older Australians over 65 years of age (50 years or over for Aboriginal or Torres Strait Islander peoples) can access in-home care services to support them to remain living independently in the comfort of their own home.

# Home Care Package services available at DPV Health:



In Home Assistance:

Domestic assistance, personal care, help with meals, support moving position in bed (preventing bed sores), appointments, grocery shopping & errands, transportation to social & recreational activities, assistance with light exercise & outdoor activity, companionship, ongoing wellness monitoring, medication reminders, status reporting to family, respite care.



Nursing:

Medication administration, wound care & management, vaccinations. end of life (Palliative Care).



Allied Health & Therapy Services:

Podiatry, Physiotherapy, Exercise Physiology, Dietetics, Occupational Therapy, Speech Pathology, Allied Health Assistant.



Gardening & Maintenance:

Mowing, gutter cleaning, light household maintenance.



Social Support Group:

Community group outings, centre based programs, day trips, music therapy.



Aids & Equipment:

Beds & bedroom, bathroom support aids, scooters & mobility, chairs & seating, patient handling, daily living products & aids, equipment & accessories.



#### Who can use this service

You should apply for a Home Care Package:

- > If you're over 65 years of age (age 50 if you identify as an Aboriginal or Torres Strait Islander person)
- > Still living in your own home
- > Need support to continue to enjoy life living independently

For more information about funding eligibility contact My Aged Care Call 1800 200 422 or apply online at myagedcare.gov.au/ assessment

#### **Fees**

DPV Health is committed to delivering the highest quality Home Care Services at competitive prices and tailored to meet your specific needs. Click below to view a breakdown of our fees.

For more information on fees, visit: www.dpvhealth.org.au/homecarepackages

# **Access to Interpreter Services**

We offer FREE interpreter access to all clients who need it and it will be coordinated by your DPV Health carer.

## How DPV Health can help you!

Whether you have already been assessed by an Aged Care Assessment Team (ACAT), advised that your Home Care Package has been assigned, or are just at the beginning of the process, DPV Health are here to help.

DPV Health Care Managers can assist you to coordinate your entire Home Care Package:

- > Help you access aged care & connect with other supports in your community
- > Review your Home Care Agreement, Care Plan and Budget
- > Talk to My Aged Care on your behalf & arrange assessments
- > Attend & provide support during your assessment
- > Help schedule your services
- > Ensure all the support you receive is culturally and aged appropriate
- > Being your point of contact for any care or future planning to help you to stay independent and living safe at home for as long as possible.

For more information on how DPV Health can help you visit: www.dpvhealth.org.au/homecarepackages

### How to contact us

For more information or to book an appointment call us on 1300 234 263, and select Aged Care Services or email hcp@dpvhealth.org.au

If you need additional support with applying for a Home Care Package our qualified Care Finder team can help you with navigating the health and aged care systems for any of your health needs or care and support needs.

**\** 1300 234 263

dpvhealth.org.au









DPV Health acknowledges the traditional Custodians, Elders and Lands of the Wurundjeri people. DPV Health is committed to the Victorian Child Safe Standards in policy and in practice, to promote and protect the best interests of all children involved in our services.