

# LGBTIQ+ Helpful Links and Resources



Type	Name and details	Description
Local groups	<b><u>LGBTIQ Community Connect</u></b> Hume and Whittlesea Facebook page	<u>LGBTIQ Community Connect</u> (Northern Melbourne) is a group for LGBTIQ people who live in Whittlesea and Hume. The group provides a safe and supportive space for the community and provides social events, trivia, film, book clubs and more.
	<b>All LGBTQIA+ Matter</b> Hume <a href="#">Facebook page.</a>	All LGBTQIA+ Matter is a welcoming community run support group where older people who identify as lesbian, gay, bisexual, transgender, intersex, asexual or questioning can meet like-minded people in the Hume City area. To join, visit the <a href="#">Facebook page</a> .
	<b><u>GLITTER</u></b> Sunbury & Craigieburn	Glitter! is a social support group for <b>LGBTIQ+ young people and allies</b> who attend secondary school.  The program runs from 4pm-5:30pm at the Craigieburn Youth Centre on Tuesdays and at Sunbury Youth Centre the following Tuesday (Glitter will run fortnightly in each region). Young people are required to fill out the intake form before attending, this is to protect the young people and allies attending the Glitter program. The forms can be found on our website, please see the link below and the flyer attached.  <a href="#">Youth Engagement and Pathways Programs - Hume City Council</a> For more information contact <a href="mailto:youth@hume.vic.gov.au">youth@hume.vic.gov.au</a> or call <a href="tel:92052556">9205 2556</a> .
	<b>Baseline Rainbow Project</b> <a href="https://baselinewhittlesea.com/whats_happening/the_rainbow_project">baselinewhittlesea.com/whats_happening/the_rainbow_project</a>	<b>LGBTIQ Youth program</b> The program tackles homophobia and transphobia in the City of Whittlesea whilst building positive social networks for young people in a safe environment. You will also have the opportunity to plan and attend events for the LGBTIQ+ community. Wednesdays (during school term). 4 – 6pm
	<b>Rainbow Space Banyule</b> <a href="https://www.banyuleyouth.com/lgbtiq-services">https://www.banyuleyouth.com/lgbtiq-services</a>	Rainbow Space is a collective of young adults 14 – 24 from Banyule area who are passionate about LGBTIQ diversity and promoting inclusion. For more about Rainbow Space, <a href="#">click here</a> or contact Maddi on 9457 9855
	<b>Liquorice All Sorts</b> Broadford, Mitchel	A group for <b>LGBTQIA+ young people and allies</b> (12-18 yrs) to socialise and connect over fun activities such as art, event planning and games in a safe and inclusive environment. Come and hang out over good music and free snacks.  E V E R Y M O N D A Y 3 . 3 0 - 5 P M  Broadford Youth Room (03) 5734 6200

		<p>e: <a href="mailto:youth@mitchellshire.vic.gov.au">youth@mitchellshire.vic.gov.au</a>  w: <a href="http://www.mitchellshire.vic.gov.au">www.mitchellshire.vic.gov.au</a></p>
	<p><b>PERK</b>  <a href="https://sunburycobaw.org.au/a-z-services/parents-empowering-rainbow-kids-perk/">https://sunburycobaw.org.au/a-z-services/parents-empowering-rainbow-kids-perk/</a></p>	<p>Parents Empowering Rainbow Kids (PERK)</p> <p><b>Support group for parents</b> of a young person (up to the age of 25) who identifies as LGBTIQ+? Would you like to connect with other parents in the Macedon Ranges and neighbouring shires? Parents Empowering Rainbow Kids (PERK) aims to connect with and provide support and information for parents and carers of LGBTIQ+ young people in a safe, supportive and non-judgmental environment. PERK meets quarterly on a Tuesday or Wednesday evening at a variety of venues in the Macedon Ranges as determined by the group.</p> <p>For further information call the Health Promotion team on 5421 1666 or email <a href="mailto:healthpromotion@scchc.org.au">healthpromotion@scchc.org.au</a>.</p>
	<p><b>Sunbury and surrounds LGBTIQ+ social club</b></p>	<p>The Sunbury and surrounds LGBTIQ social club is a community run group who meet regularly in Sunbury and surrounding areas. The group welcomes new members and people who interested in joining can visit the <a href="#">Facebook group</a>.</p>
	<p><b>Clip Sunbury</b>  <a href="https://sunburycobaw.org.au/a-z-services/lgbtqa/clip/">https://sunburycobaw.org.au/a-z-services/lgbtqa/clip/</a></p>	<p>CLIP (Country LGBTIQ+ Inclusion Program) is a program for the adult LGBTIQ+ community that:</p> <ul style="list-style-type: none"> <li>• Provides short term individualised support that aims to assist community members to enhance their lives</li> <li>• Seeks out additional professional supports and referrals as required</li> <li>• Builds collaborative working relationships with services across the region to facilitate better wellbeing outcomes</li> <li>• Creates and develops new initiatives with community partners</li> <li>• Champions the health and wellbeing needs of the LGBTIQ+ community</li> </ul>
	<p><b>WayOut</b>  <a href="https://sunburycobaw.org.au/a-z-services/lgbtqa/wayout/">https://sunburycobaw.org.au/a-z-services/lgbtqa/wayout/</a></p>	<p>WayOut provides a range of services including:</p> <ul style="list-style-type: none"> <li>• Support and referral for individuals, their families and friends</li> <li>• Providing information and education for professionals – including teachers and health care professionals, youth services and community organisations</li> <li>• Facilitating the <a href="#">House of Awesome</a> youth group in the Macedon Ranges</li> </ul>

		<ul style="list-style-type: none"> <li>• Organisation and delivery of community events – see our <a href="#">‘what’s new’</a> page for upcoming events.</li> <li>• <a href="#">Facebook</a></li> </ul>
<b>LGBTIQ Organisations</b>	<b>National LGBTI Health Alliance</b> <a href="http://lgbtihealth.org.au">lgbtihealth.org.au</a>	Based in NSW, but has a range of great resources that can be accessed on line.
	<b>Transgender Victoria</b> <a href="http://tgv.org.au">tgv.org.au</a>	Works with and for the trans and gender diverse community. They provide advice, resources, partnership, education, awareness, referral and discrimination advice to assist TGD people to tackle issues.
	<b>Organisation Intersex International (OII) Australia</b> <a href="http://oii.org.au">oii.org.au</a>	An independent support, education and policy development organisation by and for people with intersex variations or traits. Their work focuses on human rights, bodily autonomy, self-determination and on evidence based, patient directed care.
	<b>Thorne Harbour Health</b> <a href="http://thorneharbour.org">thorneharbour.org</a>	Aims to improve the health outcomes for gender and sexually diverse communities and fight against HIV/AIDS by providing care and support for people with HIV.
	<b>Rainbow Families Victoria</b> <a href="https://www.rainbowfamilies.com.au">https://www.rainbowfamilies.com.au</a> <a href="https://www.facebook.com/RainbowFamiliesVictoria/">https://www.facebook.com/RainbowFamiliesVictoria/</a>	A volunteer community organisation based in Victoria, Australia supporting equality for ‘rainbow’ families (parents, carers and prospective parents who identify as lesbian, gay, bi, transgender, gender diverse or intersex) including children. <a href="http://pridecentre.org.au/resources/rainbow-families-victoria">pridecentre.org.au/resources/rainbow-families-victoria</a>
	<b>Rainbow Health Victoria</b> <a href="http://rainbowhealthvic.org.au">rainbowhealthvic.org.au</a>	Supports lesbian, gay, bisexual, trans and gender diverse, intersex and queer (LGBTIQ) health and wellbeing through research and knowledge translation, training, resources, policy advice and service accreditation through the Rainbow Tick.
	<b>Zoe Belle</b> 0429 070 827 9948 6141 <a href="mailto:zbgc@cohealth.org.au">zbgc@cohealth.org.au</a> <a href="https://zbgc.org.au/">https://zbgc.org.au/</a>	Zoe Belle Gender Collective (ZBGC) is a trans and gender diverse led advocacy organisation based in Victoria, Australia.
	<b>Black Rainbow</b> <a href="https://blackrainbow.org.au/">https://blackrainbow.org.au/</a>	Black Rainbow is a national Aboriginal and Torres Strait Islander Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Sistergirl and Brotherboy (LGBQTI+SB) organisation in the pursuit of positive health and wellbeing for Aboriginal and Torres Strait Islander Lesbian LGBQTI+SB*. Originally focusing on suicide prevention, the diversity of our leadership group has allowed us to expand our horizons.

	<b>Joy 94.9</b> <a href="https://joy.org.au/">https://joy.org.au/</a>	Joy FM is Australia's first gay & lesbian radio station. It is an intimate, available and immediate way for you to link instantly to the gay, lesbian, bisexual, transgender and Intersex (GLBTI) community. <b>Phone:</b> 1300 JOY 949 <b>Text:</b> 0427 JOY 949 <b>Email:</b> <a href="mailto:onair@joy.org.au">onair@joy.org.au</a> <a href="http://www.joy.org.au">www.joy.org.au</a>
Aged Care	<b>Val's Café</b> <a href="http://latrobe.edu.au/arcshs/health-and-wellbeing/lgbti-ageing-and-aged-care">latrobe.edu.au/arcshs/health-and-wellbeing/lgbti-ageing-and-aged-care</a>	Provides education and support to support to LGBTI inclusive practice in services for older people.
	<b>Out &amp; About (switchboard)</b> <a href="http://switchboard.org.au">switchboard.org.au</a>	A free service for older people who identify as LGBTI run by Switchboard and Qlife. Peer volunteers visit people on Home Care Packages or living in government funded residential aged care facilities. Phone 1800184527, or the Out and About Coordinator on 03 96632474 or 0446218921
	<b>Carers Australia Victoria</b> <a href="http://www.carersvictoria.org.au">www.carersvictoria.org.au</a>	Will find support and services to assist LGBTI carers in their caring role. Carer Advisory Line 1800242636
Counselling / Support	<b>DPV Health Counselling</b> 1300 234 263	Professional social workers, psychologists and mental health nurses are available to provide high quality counselling, psychology and social work services to you.
	<b>Queerspace</b> <a href="http://ds.org.au/our-services/queerspace/">ds.org.au/our-services/queerspace/</a>	Provides a safe and supportive space to get information and support services aimed at improving mental health and wellbeing by specialist queer and queer affirmative mental health practitioners.
	<b>QLife</b> <a href="http://qlife.org.au">qlife.org.au</a>	QLife provides a telephone counselling service from 3pm-midnight every day on <b>1800184524</b> and online chat sessions: <a href="http://qlife.org.au/resources/chat">qlife.org.au/resources/chat</a>
	<b>Switchboard</b> <a href="http://switchboard.org.au">switchboard.org.au</a>	Is a Victorian Partner with QLife, providing telephone counselling and chat online sessions for LGBTI people, as well as friends, family and supporters. It is community based, not for profit service provided by peer volunteers. Phone <b>1800184527</b>
	<b>Rainbow Door</b> Call 1800 729 367 Email <a href="mailto:support@rainbowdoor.org.au">support@rainbowdoor.org.au</a> Text 0480 017 249	Free specialist LGBTIQ+ helpline providing information, support, and referral to all LGBTIQ+ Victorians, their friends and family. Available 10am-5pm daily
Family Violence Service	<b>W/Respect</b> <a href="http://withrespect.org.au">withrespect.org.au</a>	Supports LGBTIQ communities and their families affected by family violence.

	<b>Minus18</b> <a href="http://minus18.org.au">minus18.org.au</a>	Is a youth led organisation that provides support and peer led mentoring to LGBTI young leaders. It provides social events, online support and is involved in a range of campaigns.
	<b>YGENDER</b> <a href="http://www.ygender.org.au">www.ygender.org.au</a>	Is a peer led support and advocacy group for trans and gender diverse young people. They run social events and discussions groups, provide advocacy and support. Drummond St Services provide a space for events and meetings.
	<b>Genderqueer</b> <a href="http://www.genderqueer.org.au">www.genderqueer.org.au</a>	Is a web based source of information for gender questioning and gender queer people.
<b>Multi-cultural Organisations</b>	<b>Australian LGBTIQ Multicultural Council</b> <a href="http://agmc.org.au">agmc.org.au</a>	For individuals/groups from GLBTIQ multicultural backgrounds. Provides assistance for support and social activities undertaken by multicultural groups.
	<b>Jewish Community Council of Victoria</b> <a href="http://jccv.org.au">jccv.org.au</a>	JCCV is the peak body of the largest Jewish community in Australia, and provide a resource list of groups and services for LGBTI people on their website.
	<b>Muslims for progressive values</b> <a href="http://mpv-australia.org">mpv-australia.org</a>	Are committed to support LGBT Muslim community. They are working to build networks for LGBT Muslim community members by bringing them together in intimate and private conversational settings. Supporting LGBT rights in wider community and encouraging Muslims to address the high levels of homophobia within the community.
	<b>Many Coloured Sky</b> <a href="https://www.manycolouredsky.org/">https://www.manycolouredsky.org/</a>	QUEER REFUGEE AND ASYLUM SEEKER PEERS QRASP is a growing community of LGBTQI+ refugees and people seeking asylum, a peer led social support group that meets regularly for activities, excursions, workshops and trainings, referrals, connections, networking, and emotional and practical support, and a “queer family” for both QRASP members and their friends and allies. QRASP is based in Melbourne and has members across Victoria. Peer support group: <a href="mailto:peersupport@manycolouredsky.org">peersupport@manycolouredsky.org</a>