

# LGBTIQ Helpful Links and Resources



Type	Name and details	Description	Eligibility	Link	Contact
Local groups	<b><u>LGBTIQ Community Connect</u></b> Hume and Whittlesea Facebook page	(Northern Melbourne) is a group for LGBTIQ people who live in Whittlesea and Hume. The group provides a safe and supportive space for the community.	LGBTIQ+ identifying who live work or play in Whittlesea, Hume and Surrounds, 18+.	<a href="https://www.facebook.com/groups/lgbtqnorth">https://www.facebook.com/groups/lgbtqnorth</a>	
	<b>All LGBTQIA+ Matter</b> Hume	All LGBTQIA+ Matter is a welcoming community run support group where older people who identify as lesbian, gay, bisexual, transgender, intersex, asexual or questioning can meet like-minded people in the Hume City area. To join, visit the Facebook Page	LGBTQIA+ in Hume and surrounds	<a href="https://www.facebook.com/AlllgbtqiaMatter">https://www.facebook.com/AlllgbtqiaMatter</a>	
	<b><u>GLITTER</u></b> Sunbury & Craigieburn	Glitter! is a social support group for <b>LGBTIQ+ young people and allies</b> who attend secondary school.  The program runs from 4pm-5:30pm at the Craigieburn Youth Centre on Tuesdays and at Sunbury Youth Centre the following Tuesday (Glitter will run fortnightly in each region). Young people are required to fill out the intake form before attending, this is to protect the young people and allies attending the Glitter program.  <a href="mailto:youth@hume.vic.gov.au">youth@hume.vic.gov.au</a> or call <a href="tel:92052556">9205 2556</a> .	LGBTIQ+ and allies, 6-25yrs	<a href="https://www.hume.vic.gov.au/Residents/People-Services/Youth/Pathway-Programs-Events-and-Supports">https://www.hume.vic.gov.au/Residents/People-Services/Youth/Pathway-Programs-Events-and-Supports</a>	<a href="mailto:youth@hume.vic.gov.au">youth@hume.vic.gov.au</a> or call <a href="tel:92052556">9205 2556</a> .
	<b>Baseline Rainbow Project</b>	<b>LGBTIQ Youth program</b> The program tackles homophobia and transphobia in the City of Whittlesea whilst building positive social networks for young people in a safe environment. You will also have the opportunity to plan and attend events for the LGBTIQ+ community.	LGBTIQ+ and allies 12-25yrs	<a href="https://www.whittlesea.vic.gov.au/youth">https://www.whittlesea.vic.gov.au/youth</a>	

		Wednesdays (during school term). 4 – 6pm – Rainbow Tick acccredited			
	<b>Rainbow Space Banyule</b>	Rainbow Space is a collective of young adults from Banyule area who are passionate about LGBTIQ diversity and promoting inclusion. For more about Rainbow Space, <a href="#">click here</a> or contact Maddi on 9457 9855	LGBTIQA+ and allies 12-25	<a href="https://www.banyuleyouth.com/lgbtiq-services">https://www.banyuleyouth.com/lgbtiq-services</a>	
	<b>Liquorice All Sorts</b> Broadford, Mitchel	A group for <b>LGBTQIA+ young people and allies</b> to socialise and connect over fun activities such as art, event planning and games in a safe and inclusive environment. Come and hang out over good music and free snacks. <b>E V E R Y M O N D A Y 3 . 3 0 - 5 P M</b> Broadford Youth Room	LGBTIQA+ and allies 12-18yrs	<a href="http://www.mitchellshire.vic.gov.au">www.mitchellshire.vic.gov.au</a>	(03) 5734 6200 e: youth@mitchellshire.vic.gov.au
	<b>PERK</b>	Parents Empowering Rainbow Kids (PERK)  <b>Support group for parents</b> of a young person (up to the age of 25) who identifies as LGBTIQA+? Would you like to connect with other parents in the Macedon Ranges and neighbouring shires? Parents Empowering Rainbow Kids (PERK) aims to connect with and provide support and information for parents and carers of LGBTIQA+ young people in a safe, supportive and non-judgmental environment. PERK meets quarterly on a Tuesday or Wednesday evening at a variety of venues in the Macedon Ranges as determined by the group.	Rainbow Parents	<a href="https://sunburycobaw.org.au/anz-services/parents-empowering-rainbow-kids-perk/">https://sunburycobaw.org.au/anz-services/parents-empowering-rainbow-kids-perk/</a>	5421 1666 or email <a href="mailto:healthpromotion@scchc.org.au">healthpromotion@scchc.org.au</a> .

	<b>Sunbury and surrounds LGBTIQ+ social club</b>	The Sunbury and surrounds LGBTIQ social club is a community run group who meet regularly in Sunbury and surrounding areas. The group welcomes new members and people who interested in joining can visit the	LGBTIQ+ in Sunbury and surrounds, 18+	<a href="https://www.facebook.com/groups/170956356803012">https://www.facebook.com/groups/170956356803012</a>	
	<b>Clip Sunbury</b>	CLIP (Country LGBTIQ+ Inclusion Program) is a program for the adult LGBTIQ+ community that: <ul style="list-style-type: none"> <li>• Provides short term individualised support that aims to assist community members to enhance their lives</li> <li>• Seeks out additional professional supports and referrals as required</li> <li>• Builds collaborative working relationships with services across the region to facilitate better wellbeing outcomes</li> <li>• Creates and develops new initiatives with community partners</li> <li>• Champions the health and wellbeing needs of the LGBTIQ+ community</li> </ul>	LGBTIQ+ 18+	<a href="https://sunburycobaw.org.au/a-z-services/lgbtqa/clip/">https://sunburycobaw.org.au/a-z-services/lgbtqa/clip/</a>	
	<b>WayOut</b>	WayOut provides a range of services including: <ul style="list-style-type: none"> <li>• Support and referral for individuals, their families and friends</li> <li>• Providing information and education for professionals – including teachers and health care professionals, youth services and community organisations</li> <li>• Facilitating the <a href="#">House of Awesome</a> youth group in the Macedon Ranges</li> </ul>	LGBTIQ+ and families of.	<a href="https://sunburycobaw.org.au/a-z-services/lgbtqa/wayout/">https://sunburycobaw.org.au/a-z-services/lgbtqa/wayout/</a>	

		<ul style="list-style-type: none"> <li>• Organisation and delivery of community events – see our <a href="#">‘what’s new’</a> page for upcoming events.</li> <li>• <a href="#">Facebook</a></li> </ul>			
	<b>Aging With Pride Hub Sunbury</b>	Coffee and chat drop in group at Sunbury Youth Centre.	LGBTIQA+ 30+		<b>Tracie49@live.com.au</b>
<b>LGBTIQ Organisations</b>	<b>National LGBTI Health Alliance</b>	Based in NSW, but has a range of great resources that can be accessed on line.		<a href="http://lgbtihealth.org.au">lgbtihealth.org.au</a>	
	<b>Transgender Victoria</b>	Works with and for the trans and gender diverse community. They provide advice, resources, partnership, education, awareness, referral and discrimination advice to assist TGD people to tackle issues.		<a href="http://tgv.org.au">tgv.org.au</a>	
	<b>Organisation Intersex International (OII) Australia</b>	An independent support, education and policy development organisation by and for people with intersex variations or traits. Their work focuses on human rights, bodily autonomy, self-determination and on evidence based, patient directed care.		<a href="http://oii.org.au">oii.org.au</a>	
	<b>Thorne Harbour Health</b>	Aims to improve the health outcomes for gender and sexually diverse communities and fight against HIV/AIDS by providing care and support for people with HIV.		<a href="http://thorneharbour.org">thorneharbour.org</a>	
	<b>Rainbow Families Victoria</b>	A volunteer community organisation based in Victoria, Australia supporting equality for ‘rainbow’ families (parents, carers and prospective parents who identify as lesbian, gay, bi, transgender, gender diverse or intersex) including children.		<a href="https://www.rainbowfamilies.com.au">https://www.rainbowfamilies.com.au</a> <a href="https://www.facebook.com/RainbowFamiliesVic">https://www.facebook.com/RainbowFamiliesVic</a>	

				<a href="http://bowfamiliesvictoria/">bowFamiliesVictoria/</a>	
	<b>Rainbow Health Victoria</b>	Supports lesbian, gay, bisexual, trans and gender diverse, intersex and queer (LGBTIQ) health and wellbeing through research and knowledge translation, training, resources, policy advice and service accreditation through the Rainbow Tick.		<a href="http://rainbowhealthvic.org.au">rainbowhealthvic.org.au</a>	
	<b>Zoe Belle</b>	Zoe Belle Gender Collective (ZBGC) is a trans and gender diverse led advocacy organisation based in Victoria, Australia.		<a href="https://zbgc.org.au/">https://zbgc.org.au/</a>	0429 070 827 9948 6141 <a href="mailto:zbgc@cohealth.org.au">zbgc@cohealth.org.au</a>
	<b>Black Rainbow</b>	Black Rainbow is a national Aboriginal and Torres Strait Islander Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Sistergirl and Brotherboy (LGBTI+SB) organisation in the pursuit of positive health and wellbeing for Aboriginal and Torres Strait Islander Lesbian LGBTI+SB*. Originally focusing on suicide prevention, the diversity of our leadership group has allowed us to expand our horizons.	LGBTIQASB+ Aboriginal and Torres Strait Islander	<a href="https://blackrainbow.org.au/">https://blackrainbow.org.au/</a>	
	<b>Joy 94.9</b>	Joy FM is Australia's first gay & lesbian radio station. It is an intimate, available and immediate way for you to link instantly to the gay, lesbian, bisexual, transgender and Intersex (GLBTI) community.		<a href="https://joy.org.au/">https://joy.org.au/</a>	<b>Phone:</b> 1300 JOY 949 <b>Text:</b> 0427 JOY 949 <b>Email:</b> <a href="mailto:onair@joy.org.au">onair@joy.org.au</a>
	<b>3CR Queering the Air</b>	<b>Queering The Air</b> is a critically engaged radio show on <b>3CR Community Radio</b> that amplifies queer voices and perspectives. Here's what you need to know: <ul style="list-style-type: none"> <li>• <b>When:</b> Sundays from 3:00 PM to 4:00 PM.</li> </ul>		You can follow Queering The Air on Facebook Instagram, and Twitter. If you want to listen to	<b>Email</b> <a href="mailto:queeringtheair@gmail.com">queeringtheair@gmail.com</a>

		<ul style="list-style-type: none"> <li>• <b>What:</b> The show features a mix of trans, genderqueer, gender diverse, bisexual, pansexual, lesbian, gay, queer, and intersex perspectives.</li> <li>• <b>Content:</b> Each week, you'll find a fresh feast of ideas, interviews, news, histories, arts, and discussions with an anti-racist, feminist, and anti-capitalist bent.</li> <li>• <b>Intersectionality:</b> The show explores the intersection of queerness with other experiences of marginalization.</li> </ul>		<p>their episodes, tune in to 3CR Community Radio  <a href="https://www.3cr.org.au/queeringtheair">https://www.3cr.org.au/queeringtheair</a> every Sunday at 3:00 PM or explore their podcast on spotify.</p> <p><a href="https://podcasters.spotify.com/pod/show/qta">https://podcasters.spotify.com/pod/show/qta</a></p>	
Aged Care	Val's Café	Provides education and support to support to LGBTI inclusive practice in services for older people.	Older LGBTIQ+, carers, and services	<a href="http://latrobe.edu.au/arcshs/health-and-wellbeing/lgbti-ageing-and-aged-care">latrobe.edu.au/arcshs/health-and-wellbeing/lgbti-ageing-and-aged-care</a>	
	Out & About (switchboard)	A free service for older people who identify as LGBTI run by Switchboard and Qlife. Peer volunteers visit people on Home Care Packages or living in government funded residential aged care facilities.	LGBTIQ+ 65+	<a href="http://switchboard.org.au">switchboard.org.au</a>	Phone 1800184527, or the Out and About Coordinator on 03 96632474 or 0446218921
	Carers Australia Victoria	Will find support and services to assist LGBTI carers in their caring role.	LGBTIQ+ carers and carers of LGBTIQ+ folks	<a href="http://www.carersvictoria.org.au">www.carersvictoria.org.au</a>	Carer Advisory Line 1800242636
	Salvation Army Homecare	Rainbow Tick Accredited service. Provides Residential age care, respite care, at home support, home maintenance, and allied health services.	65+ and their families and carers	<a href="https://agedcare.salvos.org.au/">https://agedcare.salvos.org.au/</a>	1300 111 227

	<b>Uniting Age Well</b>	Rainbow Tick Accredited service. Provides homecare package management, residential age care, at home care nurses and physiotherapy, home maintenance, and respite care.	65+ and their families and carers	<a href="https://www.unitingagewell.org/">https://www.unitingagewell.org/</a>	1300 783 435
<b>Counselling / Support</b>	<b>DPV Health Counselling</b>	Professional social workers, psychologists and mental health nurses are available to provide high quality counselling, psychology and social work services to you.			1300 234 263
	<b>Queerspace</b>	A part of Drummond St Services. Provides a safe and supportive space to get information and support services aimed at improving mental health and wellbeing by specialist queer and queer affirmative mental health practitioners.	LGBTIQA+ Youth 18-25 LGBTIQA+ General services 18+	<a href="https://www.queerspace.org.au/">https://www.queerspace.org.au/</a>	
	<b>QLife</b>	QLife provides a telephone counselling service from 3pm-midnight every day Australia-wide anonymous, LGBTI peer support and referral services.	LGBTIQA+ and allies all ages	<a href="http://qlife.org.au">qlife.org.au</a>	on <b>1800184524</b> and online chat sessions: <b>qlife.org.au/resources/chat QLife:</b>
	<b>Switchboard</b>	Is a Victorian Partner with QLife, providing telephone counselling and chat online sessions for LGBTI people, as well as friends, family and supporters. It is community based, not for profit service provided by peer volunteers.	LGBTIQA+ and allies all ages	<a href="http://switchboard.org.au">switchboard.org.au</a>	Phone <b>1800184527</b>
	<b>Rainbow Door</b>	Free specialist LGBTIQA+ helpline providing information, support, and referral to all LGBTIQA+ Victorians, their friends and family. Available 10am-5pm daily	LGBTIQA+ and allies all ages		Call 1800 729 367 Email <a href="mailto:support@rainbowdoor.org.au">support@rainbowdoor.org.au</a> Text 0480 017 249

<b>Family Violence Service</b>	<b>W/Respect</b>	Supports LGBTIQ communities and their families affected by family violence.	LGBTIQA+ and allies all ages	<a href="http://withrespect.org.au">withrespect.org.au</a>	
	<b>Minus18</b>	Is a youth led organisation that provides support and peer led mentoring to LGBTI young leaders. It provides social events, online support and is involved in a range of campaigns.	Information relevant for everyone Events vary in eligibility to attend	<a href="http://minus18.org.au">minus18.org.au</a>	
<b>Multi-cultural Organisations</b>	<b>Australian LGBTIQ Multicultural Council</b>	For individuals/groups from GLBTIQ multicultural backgrounds. Provides assistance for support and social activities undertaken by multicultural groups.		<a href="http://agmc.org.au">agmc.org.au</a>	
	<b>Jewish Community Council of Victoria</b>	JCCV is the peak body of the largest Jewish community in Australia, and provide a resource list of groups and services for LGBTI people on their website.		<a href="http://jccv.org.au">jccv.org.au</a>	
	<b>Muslims for progressive values</b>	Are committed to support LGBT Muslim community. They are working to build networks for LGBT Muslim community members by bringing them together in intimate and private conversational settings. Supporting LGBT rights in wider community and encouraging Muslims to address the high levels of homophobia within the community.		<a href="http://mpv-australia.org">mpv-australia.org</a>	
	<b>Many Coloured Sky</b>	QUEER REFUGEE AND ASYLUM SEEKER PEERS QRASP is a growing community of LGBTIQ+ refugees and people seeking asylum, a peer led social support group that meets regularly for activities, excursions, workshops and trainings, referrals, connections, networking, and	LGBTIQA+ refugees and asylum seekers	<a href="https://www.manycolouredsky.org/">https://www.manycolouredsky.org/</a>	<a href="mailto:peersupport@manycolouredsky.org">peersupport@manycolouredsky.org</a>



		emotional and practical support, and a “queer family” for both QRASP members and their friends and allies. QRASP is based in Melbourne and has members across Victoria. Peer support group:			
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For other resources and referral options visit the Pride Centre Website directory – LGBTIQ+ owned and/or specialist organisations

[Resource Directory - Victorian Pride Centre](#)

